



UCI 2023 GIRLS CYCLING LEGACY PROJECT

Glasgow Life Cycling Team have just launched a major girls cycling initiative funded through the activation budget that is part of a wealth of “2023 UCI Cycling World Championships” impacts & legacy projects managed by Glasgow Life 2023 events team.

Over the course of 10 weeks groups of 12 pupils from 12 schools will take part in skills sessions in BMX, MTB and velodrome, also including led rides, interactive workshops and bike maintenance. These sessions will take place at a variety of venues across Glasgow and the wider area on Wednesday mornings with a multitude of partners on board including The PEPASS Team at GCC Education, Endura Lifestyle Trust, Bike For Good, Loading Bay, Glasgow Life Velodrome staff, Sport Scotland Fit For Girls initiative and Scottish Sports Futures.



In the lead up to Glasgow hosting the inaugural 2023 UCI Cycling World Championships www.cyclingworldchamps.com - the GL cycling team will deliver a range of cycling development opportunities, including this girls programme to help encourage the most under represented groups into cycling. Ultimately we want cycling to be as equal, diverse and inclusive as possible and break down perceived barriers to participation.

One girl , a refugee from Somalia, who could not ride a bike previously was cycling by the end of her first session delivered by Bike For Good.

By offering a varied and highly supported programme we hope this will inspire and encourage more girls to take up cycling and become more involved in the activity or sport moving forward. The girls will support each other and notice their progress and feel the benefits of their participation. We have particularly targeted girls transitioning from primary to secondary school so these girls can grow through school as peer mentors encouraging other younger girls to get involved whether its riding to school, joining or forming a club, doing some freestyle tricks in Kelvingrove Park or mastering the off-road skills necessary for mountain biking.



It's all possible as cycling is for everyone!

