

Emirates Arena Availability Matrix Jan - Mar 2025

Day	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Tuesday	01/04/2025	✓	✓	✓	✓	✓	✓	✓	
Wednesday	02/04/2025	✓	✓	✓	✓	✓	✓	✓	
Thursday	03/04/2025	✓	✓	✓	✓	✓	✓	✓	
Friday	04/04/2025	✓	✓	✓	✓	✓	✓	✓	
Saturday	05/04/2025	✓	✓	✓	✓	✓	✓	✓	
Sunday	06/04/2025	✓	✓	✓	✓	✓	✓	✓	
Monday	07/04/2025	✓	✓	✓	✓	✓	✓	✓	
Tuesday	08/04/2025	✓	✓	✓	✓	✓	✓	✓	
Wednesday	09/04/2025	✓	✓	✓	✓	✓	✓	✓	
Thursday	10/04/2025	✓	✓	✓	✓	✓	✓	✓	
Friday	11/04/2025	✓	✓	✓	✓	✓	✓	✓	
Saturday	12/04/2025	✓	✓	✓	✓	✓	✓	✓	
Sunday	13/04/2025	✓	✓	✓	✓	✓	✓	✓	
Monday	14/04/2025	✓	✓	✓	✓	✓	✓	✓	*GAA Camps
Tuesday	15/04/2025	✓	✓	✓	✓	✓	✓	✓	*GAA Camps
Wednesday	16/04/2025	✓	✓	✓	✓	✓	✓	✓	*GAA Camps
Thursday	17/04/2025	✓	✓	✓	✓	✓	✓	✓	
Friday	18/04/2025	✓	✓	✓	✓	✓	✓	✓	
Saturday	19/04/2025	✓	✓	✓	✓	✓	✓	✓	
Sunday	20/04/2025	✓	✓	✓	✓	✓	✓	✓	
Monday	21/04/2025	✓	✓	✓	✓	✓	✓	✓	
Tuesday	22/04/2025	✓	✓	✓	✓	✓	✓	✓	
Wednesday	23/04/2025	✓	✓	✓	✓	✓	✓	✓	
Thursday	24/04/2025	✓	✓	✓	✓	✓	✓	✓	
Friday	25/04/2025	✓	✓	✓	✓	✓	✓	✓	
Saturday	26/04/2025	✓	✓	✓	✓	✓	✓	✓	
Sunday	27/04/2025	✓	✓	✓	✓	✓	✓	✓	
Monday	28/04/2025	✗	✓	✓	✓	✓	✓	✗	*Maintenance
Tuesday	29/04/2025	✗	✓	✓	✓	✓	✓	✗	*Maintenance
Wednesday	30/04/2025	✗	✓	✓	✓	✓	✓	✗	*Maintenance
Day	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Thursday	01/05/2025	✗	✓	✓	✓	✓	✓	✗	*Maintenance
Friday	02/05/2025	✗	✓	✓	✓	✓	✓	✗	*Maintenance
Saturday	03/05/2025	✗	✓	✓	✓	✓	✓	✗	*Maintenance
Sunday	04/05/2025	✗	✓	✓	✓	✓	✓	✗	*Maintenance
Monday	05/05/2025	✗	✓	✓	✓	✓	✓	✗	*Maintenance
Tuesday	06/05/2025	✗	✓	✓	✓	✓	✓	✗	*Maintenance
Wednesday	07/05/2025	✗	✓	✓	✓	✓	✓	✗	*Maintenance

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Thursday	08/05/2025	×	✓	✓	✓	✓	✓	×	*Maintenance
Friday	09/05/2025	×	✓	✓	✓	✓	✓	×	*Maintenance
Saturday	10/05/2025	×	✓	✓	✓	✓	✓	×	*Maintenance
Sunday	11/05/2025	✓	✓	✓	✓	✓	✓	✓	
Monday	12/05/2025	✓	✓	✓	✓	✓	✓	✓	
Tuesday	13/05/2025	✓	✓	✓	✓	✓	✓	✓	
Wednesday	14/05/2025	✓	✓	✓	✓	✓	✓	✓	
Thursday	15/05/2025	✓	✓	✓	✓	✓	✓	✓	
Friday	16/05/2025	✓	✓	✓	✓	✓	✓	✓	
Saturday	17/05/2025	✓	✓	✓	✓	✓	✓	✓	
Sunday	18/05/2025	✓	✓	✓	✓	✓	✓	✓	
Monday	19/05/2025	✓	✓	✓	✓	✓	✓	✓	
Tuesday	20/05/2025	✓	✓	✓	✓	✓	✓	✓	
Wednesday	21/05/2025	✓	✓	✓	✓	✓	✓	✓	
Thursday	22/05/2025	✓	✓	✓	✓	✓	✓	✓	
Friday	23/05/2025	✓	✓	✓	✓	✓	✓	✓	
Saturday	24/05/2025	✓	✓	✓	✓	✓	✓	✓	
Sunday	25/05/2025	✓	✓	✓	✓	✓	✓	✓	
Monday	26/05/2025	✓	✓	✓	✓	✓	✓	✓	
Tuesday	27/05/2025	✓	✓	✓	✓	✓	✓	✓	
Wednesday	28/05/2025	✓	✓	✓	✓	✓	✓	✓	
Thursday	29/05/2025	✓	✓	✓	✓	✓	✓	✓	
Friday	30/05/2025	✓	✓	✓	✓	✓	✓	✓	
Saturday	31/05/2025	✓	✓	✓	✓	✓	✓	✓	

Key:

a	Available for Training - from 9am
r	Unavailable for Training
*	Slight Access Changes - see end column for details